




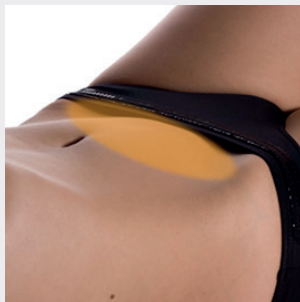




# Application Recommendations Z Wave<sup>Pro</sup>



Indications	Number of sessions	Applications per week	Frequency	Power level (I / II / III)	Shocks per application (per area)
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Cellulite stage I	8 – 10	2 – 3	14 – 16 Hz	60 – 120 mJ	2500 to 3000	 
Cellulite stage II	9 – 12	2 – 3	10 – 16 Hz	90 – 120 mJ	2900 to 3400	
Cellulite stage III	10 – 14	2 – 3	10 – 16 Hz	90 – 120 mJ	3200 to 3700	

Weakness of the muscle and connective tissue on the upper arm	8 – 10	2 – 3	12 – 16 Hz	90 – 120 mJ	2000 to 2500	 
Weakness of the muscle and connective tissue on the lower abdomen	10 – 12	2 – 3	10 – 16 Hz	90 – 120 mJ	1500 to 2000	

Stretch marks (striae) on the hip	10 – 12	2 – 3	12 – 16 Hz	80 – 120 mJ	1500 to 2000	 
Stretch marks (striae) on the thigh	10 – 12	2 – 3	12 – 16 Hz	90 – 120 mJ	1800 to 2300	
Stretch marks (striae) on the buttocks	10 – 12	2 – 3	12 – 16 Hz	90 – 120 mJ	1800 to 2300	

Indications	Number of sessions	Applications per week	Frequency	Power level (I / II / III)	Shocks per application (per area)
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The combination after Cryolipolysis™ of the hips (love handles)	4 – 6	1 – 2	12 – 18 Hz	90 – 120 mJ	2000 to 2500
The combination after Cryolipolysis™ of the lower abdomen	4 – 6	1 – 2	12 – 16 Hz	90 – 120 mJ	2300 to 2800
The combination after Cryolipolysis™ of the thighs/buttocks	4 – 6	1 – 2	12 – 20 Hz	90 – 120 mJ	3000 to 3800
The combination after Cryolipolysis™ of the upper arm	4 – 6	1 – 2	12 – 16 Hz	90 – 120 mJ	1800 to 2300



Before radio frequency treatment (fat reduction/skin tightening)			14 – 20 Hz	90 – 120 mJ	100 pulses per cm <sup>2</sup>
Before and after radio frequency treatment (fat reduction/skin tightening)			14 – 20 Hz	90 – 120 mJ	100 pulses per cm <sup>2</sup>



After ultrasound treatment (fat reduction/skin tightening)			12 – 18 Hz	90 – 140 mJ	100 pulses per cm <sup>2</sup>
Before and after ultrasound treatment (fat reduction/skin tightening)			10 – 18 Hz	90 – 120 mJ	100 pulses per cm <sup>2</sup>





Indications	Number of sessions	Applications per week	Frequency	Power level (I / II / III)	Shocks per application (per area)
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After laser lipolysis (non-invasive) for fat reduction			12 – 18 Hz	90 – 120 mJ	3000 to 3500
Before and after laser lipolysis (non-invasive) for fat reduction			12 – 18 Hz	90 – 120 mJ	3000 to 3500



Skin tightening after injection lipolysis thighs/buttocks	5 – 8	3 – 4 weeks after lipolysis, once a week	12 – 18 Hz	90 – 120 mJ	5000 to 7000
Skin tightening after injection lipolysis in the upper arm	5 – 8	3 – 4 weeks after lipolysis, once a week	12 – 16 Hz	120 – 150 mJ	3500 to 4500
General skin tightening			12 – 16 Hz	90 – 120 mJ	2000 to 4000



Scar improvement		10 – 16 Hz (stable scars) 8 – 12 Hz (fresh scars)	60 – 80 mJ	300 to 500 per cm <sup>2</sup>	
Lymphatic drainage support, upper extremities		10 – 16 Hz (static) 14 – 20 Hz (dynamic)	60 mJ	250 pulses per cm <sup>2</sup> (static) 2500 to 3000 (dynamic)	
Lymphatic drainage support, lower extremities		10 – 16 Hz (static) 14 – 20 Hz (dynamic)	60 mJ	300 pulses per cm <sup>2</sup> (static) 3000 to 3500 (dynamic)	

